



Adverbs of Frequency



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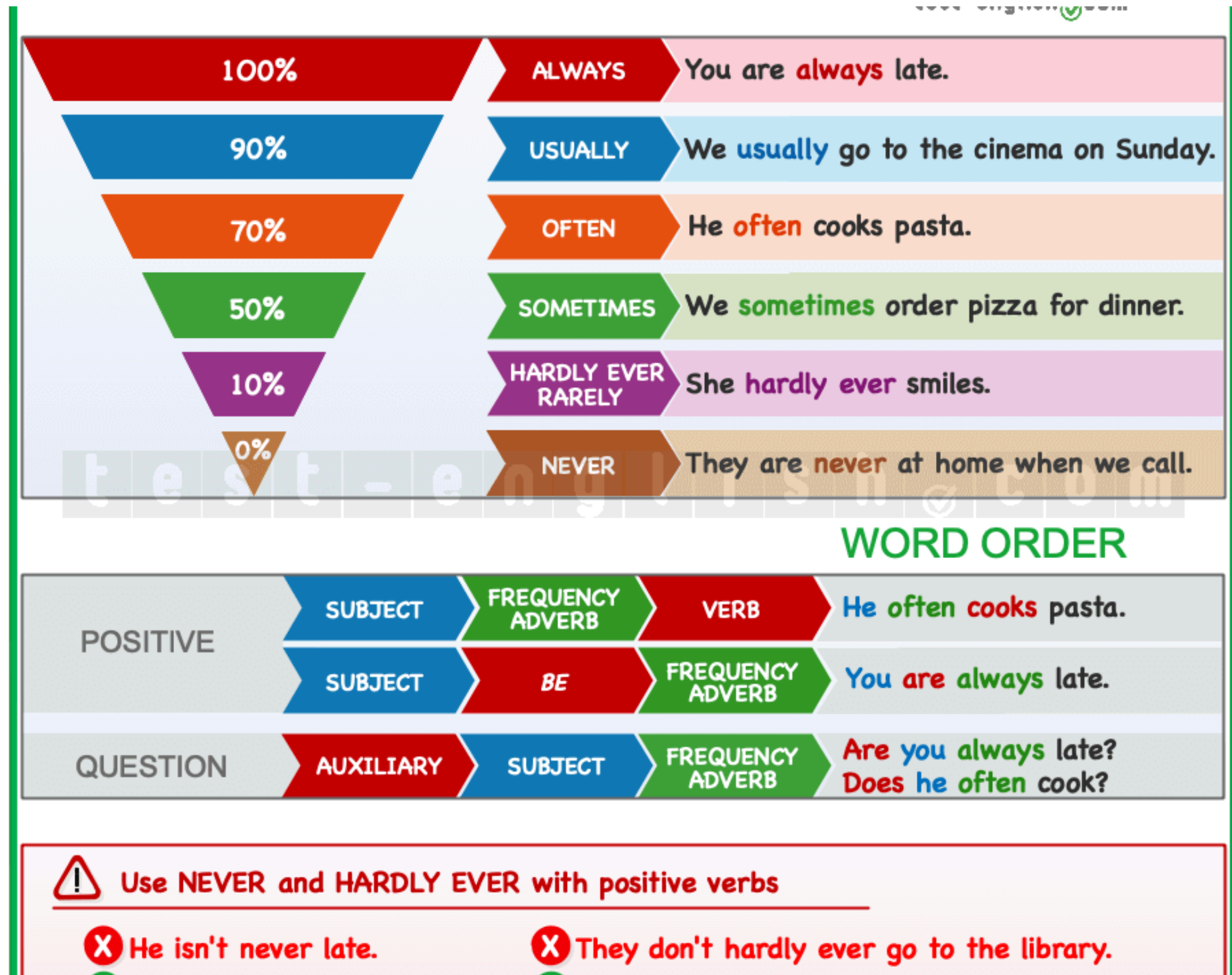
- We use adverbs of frequency with the present simple to talk about how often something happens.
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Examples

- I always play football.
- I usually play football.
- I often play football.
- I sometimes play football.
- I rarely play football.
- I never play football.

Adverbs of Frequency Chart

Educational chart for A1 elementary English learners showing adverbs of frequency with percentages and examples, plus word order rules in positive sentences and questions.



Position Rules

- Adverbs of frequency go **before the verb** but **after the verb be**.

Position in Negative Sentences

- In **negative sentences**, the adverb of frequency goes after **don't/doesn't**:
 - _We don't **often** go to bed late._
 - _He doesn't **always** agree with me._

Position in Questions

- In **questions**, adverbs of frequency go after the subject.
 - _Is he **always** late?_
 - _Do they **often** go to the library?_

Never / Hardly Ever

- The adverbs **never** and **hardly ever** (=almost never) have a negative meaning, but they are used with a positive verb:
 - _He **is never** late._
 - _He **isn't never** late._
 - _They **hardly ever go** to the library._
 - _They **don't hardly ever go** to the library._

Other Expressions of Frequency

- There are other expressions that we use to talk about frequency: **once a day, twice a week, three times a month, every day, etc.**
- These expressions are longer (2 words or more), and they go at the end of the sentence.
 - _I brush my teeth **three times a day**._
 - _I see her **every day**._